2024 Benefits-at-a-Glance



ALSAC is committed to offering best-in-class benefit options aimed at meeting the needs of our diverse workforce. Our employees' well-being is important to us. Therefore, our benefits are designed to be comprehensive, yet affordable, to ensure that our employees can take care of themselves and their families for years to come. Best of all, ALSAC is paying the employee-only portion of our medical plan while reducing the costs for all other coverage levels and tiers.

Health Plans		
Plan Type	Vendor	Options
Medical Insurance and	CIGNA Healthcare (medical)	Two Plan Options—Medical PPO Plan 1 and Medical PPO Plan 2 (see back
Prescription Drug Coverage	CVS/Caremark (pharmacy)	page) Both PPO options include prescription drug coverage.
(combined offering)		
Fertility Treatment Benefit	Progyny	One Option—Services work in conjunction with the CIGNA medical plan
Dental Insurance	Delta Dental of TN	Two Plan Options—Dental PPO Plan 1 and Dental PPO Plan 2
Vision Insurance	VSP	Two Plan Options—Low Option Plan 1 and High Option Plan 2
Flexible Spending Accounts	Navia Benefit Solutions	Two Plan Options—Healthcare and Dependent Care

Life and Supplemental Insurance Plans				
Plan Type	Vendor	Options		
Basic Life and Accidental Death and Dismemberment Insurance	SunLife	Company-paid benefit. Employees receive 1.5X their annual salary		
Additional Life (employee)	SunLife	Coverage available in increments of \$25,000 up \$400,000. Guaranteed issue of \$400,000 during initial offering period.		
Additional Life Insurance (spouse/dependents)	SunLife	Spouse: Coverage available in increments of \$12,500 up to 100% of employee's election; Guarantee issue of \$100,000 during initial offering period. Child(ren): \$10,000 flat rate		
Personal Accident (employee)	CIGNA Group Insurance	Coverage available from \$25,000 to \$400,000		
Personal Accident (spouse/dependents)	CIGNA Group Insurance	Coverage Amount is a percentage of employee's election. Maximum amount for spouse: \$200,000 Maximum amount for dependent children: \$25,000		
Business Travel Insurance	Chubb Group of Insurance Companies	Coverage amounts are tiered based on position with a minimum or \$25,000 and a maximum of \$400,000		
Short Term Income Replacement (STIR)	SunLife	Company-paid benefit. Benefits are calculated based on the type of leave, earnings, and years of service. Weekly benefits payment will not exceed \$3,000.		
Long-Term Disability Insurance	SunLife	Company-paid benefit. Provides for 60% of employee's pre-disability earnings up to \$15,000 monthly maximum		
Supplemental Insurance	AFLAC	Three Coverage Types Offered—Accident Insurance, Critical Illness Insurance, Hospital Indemnity Insurance.		

Time Off/Leaves of	Absence		
Leave Type	Options		
Holidays	Nine Paid Holidays—New Year's Day, Martin Luther King, Jr. Day, Memorial Day, Juneteenth, Independence Day,		
	Labor Day, Thanksgiving Day, Day After Thanksgiving, Christmas		
Personal Days	Two Personal Days each fiscal year—one earned July 1 and one earned January 1		
Vacation Days	Senior Directors and Above—20 days, Directors—15 or 20 days (based on years of service), All other		
-	employees—10, 15, or 20 days (based on years of service)		
Sick Days	Hired after July 1, 2016—8 hours per month/ Hired before July 1, 2016—8 or 10 hours per month (based on years		
	of service)		
Leaves of Absence	Bereavement, Jury Duty, FMLA, Military, Paternity, Personal, Witness Duty, Voting Time		

Retirement Plans				
Plan Type	Vendor	Options		
401(k)	Principal	One Plan Option—Employees are auto-enrolled in 3% contribution with the option to change contribution amount. ALSAC contributes 7% after employees work one year and 1,000 hours.		
457(b)* *(for directors and above)	Principal	One Plan Option		

Additional Benefits			
Adoption Benefits	Discount Program through Working Advantage		
Educational Assistance	Group Legal Plan through MetLaw		
Employee Assistance Program through Magellan	Identity Theft through Identity Force		
Medicare Assistance Program through Alliant Medicare Solutions Parental Support Program through Urban Sitter			
Wellness Support			

Note: This Benefits-at-Glance does not contain all provision or limitations of the ALSAC benefit plans. For coverage details, see each plan's Summary Plan Description on the ARC.

2024 Benefits-at-a-Glance

Medical, Dental, and Vision Plans Summary



Medical Plan Provisions	Med	lical PPO Plan 1	Medical PPO Plan 2		
	In-Network	Out-of-Network	In-Network	Out-of-Network	
Individual Deductible	\$150	\$460	\$450	\$1,060	
Family Deductible	\$450	\$1,260	\$1,350	\$3,050	
Individual Out of Pocket Max	\$1,500	\$3,750	\$3,000	\$4,200	
Family Out of Pocket Max	\$3,500	\$8,750	\$7,500	\$9,220	
Physician Office Visit	\$15		\$20		
Chiropractic (36 visits/year)	\$30		\$35		
Telemedicine	\$0	2007. 2	\$0	400/ 0 :	
Specialist Office Visit	\$30	30% Coinsurance	\$35	40% Coinsurance	
Urgent Care Center	\$35		\$40		
Preventive Care	\$0		\$0		
ER Visit (waived if admitted)	\$150	\$150	\$150	\$150	
Outpatient Surgery, Inpatient Hospital Care, Hospice, Mental Health/Substance,	10% Coinsurar	ace 30% Coinsurance	20% Coinsurance	40% Coinsurance	
Infertility Treatment		Benefit provided by Progyny in coor	ination with the CIGNA medical option		
Prescription Drug		Retail	Mailorder		
Plan Provisions	In-Network	Out-of-Network	In-Network	Out-of-Network	
		31-Day Supply	31-Day Supply		
Generic	\$5		\$10		
Brand Preferred	\$35	No Coverage	\$70	No Coverage	
Brand Non-Preferred	\$70		\$140		
Dental Plan Provisions		Dental PPO Plan 1	Dental PPO Plan 2		
Individual Deductible		\$50	\$0		
Family Deductible Annual Maximum (per membe	l	\$100 \$1,500	\$0 \$5,000		
Lifetime Orthodontia (per men		\$1,000 (up to age 17)	\$1 500	(includes adults)	
Diagnostic & Preventive Care		0% (after deductible)		after deductible)	
Basic Services			% (after deductible) 20% (after deductible)		
	Major Services		40% (after deductible)		
Orthodontia		50% (after deductible)	50% (after deductible)		
Vision Plan Provisions		Low Option Plan 1	High Option Plan 2		
Exam Properintion Everylances		\$10 copay \$25 copay		\$10 copay \$10 copay	
Prescription Eyeglasses Lenses		\$25 copay 100% after Copay	100% after Copay		
Contact Lenses (medically necessary)		100% after Copay	100% after Copay		
Eyeglass Frames (20% off amount over allowance) Contact Lenses (in lieu of eyeglasses)		\$130 Allowance	\$150 Allowance		
Lasik		Discounts Available			

2024 ALSAC Bi-Weekly Medical Rates (Non-Tobacco): *For tobacco rates, please add an additional \$10.00 to the amounts shown above						
PPO 1	Under \$50k	\$50k-\$150k	\$151k-\$250k	\$250k+	Total Monthly Cost	COBRA
Employee Only	\$0.00	\$0.00	\$0.00	\$0.00	\$966.41	\$985.74
Employee + Child(ren)	\$44.31	\$50.77	\$55.38	\$63.69	\$1,691.21	\$1,725.03
Employee + Spouse	\$60.46	\$68.77	\$74.77	\$85.85	\$1,932.82	\$1,971.48
Employee + Family	\$85.85	\$97.85	\$105.69	\$121.38	\$2,416.02	\$2,464.34
PPO 2 Under \$50k \$50k-\$150k \$151k-\$250k \$250k+ Total Monthly Cost COBRA						COBRA
Employee Only	\$0.00	\$0.00	\$0.00	\$0.00	\$886.14	\$916.75
Employee + Child(ren)	\$53.00	\$62.00	\$66.00	\$77.00	\$1,550.73	\$1,604.29
Employee + Spouse	\$78.00	\$90.00	\$96.00	\$114.00	\$1,772.26	\$1,833.47
Employee + Family	\$101.00	\$115.00	\$125.00	\$152.00	\$2,215.33	\$2,291.84

2024 ALSAC Bi-Weekly Dental Rates				
Dental PPO 1 Dental PPO 2				
Employee Only	\$4.56	\$9.13		
Employee + Child(ren)	\$9.13	\$18.26		
Employee + Spouse	\$7.98	\$15.97		
Employee + Family	\$11.41	\$22.82		

2024 ALSAC Bi-Weekly Vision Rates				
	Vision Low	Vision High		
Employee Only	\$2.85	\$3.35		
Employee + Child(ren)	\$6.11	\$7.17		
Employee + Spouse	\$5.71	\$6.70		
Employee + Family	\$9.56	\$11.04		